



# The Vine UMC

## Worship Guide November 3, 2024



### **Week 3: Soul Reset by Rev. Junius Dotson**

#### **Topic: "It's Not All on Me"**

**Opening Prayer:** Series Prayer Inspired by the book *Soul Reset*, Rev. Junius Dotson

Gracious God, we come to you weary and burdened, seeking your rest. Forgive us when we try to do it all in our own strength and neglect the care of our souls. Help us to reset our lives, placing you at the center. Restore what is broken in us and guide us in your peace. Teach us to lift each other up and walk together in your grace. May we find strength and wholeness in you, living as your faithful disciples. In your loving name, we pray. Amen

#### **Call to Worship:**

Leader: Gracious God, we come worn and weary from the weight of our daily lives.

**People: We come to you seeking the peace that only you can provide and we long for your rest.**

Leader: In a rushing world that demands so much of us, we pray for moments to pause and be renewed.

**People: Help us to release our burdens and find the true rest that we seek.**

**All: Renew our minds, draw us closer to you, and lead us to a place of serenity.**

**Personal Reflection:** From Chapter 3 of Soul Reset – What are you overwhelmed by? Could you make a hard reset and start fresh with a new perspective? What could you do to intentionally practice being with God throughout the course of your days and nights?

**Songs of Praise:**

1) “Take My Life” Micah Stampley

<https://www.youtube.com/watch?v=eC9-kvrTQGs>

2) “Fall Afresh” Kari Jobe

<https://www.youtube.com/watch?v=7GlfhdjAKAw>

**Optional Song of Your Choice: Find a song that you can meditate to sing.**

**Prayer of Illumination (All say together):** Loving God, as we turn to your word, open our hearts and minds. Shine your light on us, so we may hear your voice clearly and receive your truth. Lead us to rest, renewal, and a deeper connection with you. In Jesus’ name, we pray. Amen.

**Sermon of the week: Watch The Vine UMC Sermon on Facebook or Youtube “It’s Not All on Me” by Rev. Carlos Uroza**

**Song of Reflection:** “O Come To The Altar” Elevation Worship

[https://www.youtube.com/watch?v=OpfuKKH\\_SCE](https://www.youtube.com/watch?v=OpfuKKH_SCE)

**Closing Hymn:** “It Is Well with My Soul” Horatio Spafford, sung by Anthony Evans

<https://www.youtube.com/watch?v=2fvGxCmvnCU>

**Benediction:** Go in peace, trusting in the One who invites you to find rest. May you lay down your burdens and walk in the gentle, renewing grace that brings wholeness to your soul. Amen.

**Additional Notes:**

**Join a Branch (Small Group):**

Our mission to be "A Movement of Living Love," is a call to each community member to join in a sacred endeavor, to become part of a transformative movement that seeks to change lives and, ultimately, the world. We aim to create not just a church but a vibrant, living community that reflects the Kin-dom of God here on Earth, a community where each individual is not just a member but an active participant in bringing our vision to life. "Cultivating Communities of Hope, Healing, and Belonging" is not just our vision; it's our calling. It's an invitation to all of us to engage deeply, love freely, and live fully, all while anchored in the transformative power of Christ through the Holy Spirit. Meetings start Tuesday Evenings 6pm (CDT)

**Ways to Support the Vine UMC:**

- Mail donations to The Vine UMC at 2621 Nolensville Pk, Nashville, TN 37211
- Donate Online at [www.thevineumc.church/support-us](http://www.thevineumc.church/support-us)

**Next Week in our "Soul Reset" series, "Eat Something" by Rev. Monica Mowdy**

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